

GETTING READY



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ERASMUS *SAD VIOLIN*

Your Erasmus experience doesn't go as planned—your classes aren't what you expected, and your routine is different from home.

How do you adjust?

+2 Points on Personal growth



GETTING READY



CULTURAL FAUX PAS

During a dinner with local students, you accidentally do something that is considered rude in their culture.

How do you react?

+2 Point on Intercultural communication



GETTING READY



TO PROTEST OR NOT TO PROTEST?

You are invited to join a student protest about tuition fees. Some of your classmates are strongly in favour, others against.

How do you decide your stance?

+3 Points on Social responsibility



GETTING READY



PACKING PANIC ATTACK

You're trying to pack everything you need for your mobility experience, but you're overwhelmed by what to bring and what to leave behind.

How do you organise yourself under pressure?

+1 Point on Personal growth



GETTING READY



VISA STRESS EXPRESS

You need to gather all the required documents for your visa application. The process feels complicated and nerve-racking.

How do you stay motivated through tedious bureaucracy?

+3 Points on Personal growth



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SAYING GOODBYE BLUES

Leaving your friends and family behind is emotionally challenging. You feel excited but also scared.

How do you mentally prepare for being away from your support system?

+2 Points on Personal growth



GETTING READY



RESEARCH OVERLOAD

You're trying to gather information about your host country's culture, traditions, and lifestyle. It feels like you'll never be fully prepared.

How do you keep from feeling overwhelmed?

+2 Points on Personal growth



GETTING READY



STEREOTYPE SHOWDOWN

While researching your host country, you come across stereotypes that make you feel anxious about fitting in.

How do you approach this with an open mind and challenge your own biases?

+3 Points on Intercultural communication



GETTING READY



LOST IN GOOGLE TRANSLATE

You're trying to learn basic phrases in the local language, but Google Translate keeps letting you down with awkward translations.

How do you ensure you're communicating respectfully and accurately?

+1 Point on Intercultural communication



GETTING READY



CULTURAL CHEAT SHEET

You're binge-watching YouTube videos about cultural dos and don'ts in your host country. But you're still nervous about making mistakes.

How do you prepare yourself to communicate effectively without overthinking?

+2 Points on Intercultural communication



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MESSAGING MADNESS

You've joined a group chat with local students from your host country, but their slang and memes are flying over your head.

How do you decide your stance?

+2 Points on Intercultural communication



GETTING READY



NEWS FILTER FRENZY

You're researching news about your host country, but it's hard to distinguish reliable sources from clickbait.

How do you ensure you're well-informed and avoid misinformation?

+2 Points on Social responsibility



GETTING READY



CULTURE VULTURE OR RESPECTFUL TRAVELLER?

You're planning your first week abroad and listing all the must-see attractions.

How do you ensure you respect local culture and avoid harmful tourism practices?

+1 Point on Social responsibility



GETTING READY



PACKING WITH PURPOSE

You're packing for your mobility experience and realise you're bringing way more than you need.

How do you make eco-friendly and socially responsible packing choices?

+2 Points on Social responsibility



GETTING READY



PLANES, TRAINS, AND CLIMATE CHANGE

You're planning your trip to your host country and notice flights are cheaper, but trains are more eco-friendly.

How do you balance convenience, cost, and sustainability when making your travel decision?

+3 Points on Social responsibility



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GETTING READY



CV CHECK, WHO'S THIS?

You're getting ready to apply for an internship during your mobility. You realise your CV is outdated and doesn't fit the standards of your host country.

How do you make sure your CV is ready to impress abroad?

+2 Points on Professional skills



GETTING READY



RESEARCH OVERLOAD LINKEDIN GLOW-UP

Your professor suggests connecting with potential mentors and employers on LinkedIn before your mobility.

How do you level up your profile and make those connections?

+1 Point on Professional skills



GETTING READY



INTERSHIP STALKING 101

You find out companies in your host country have different application processes.

How do you research and adapt to their standards before applying?

+2 Points on Professional skills



GETTING READY



NETWORKING VIBES ONLY

You're invited to a virtual pre-arrival orientation with other incoming students.

How do you introduce yourself and build connections that could help you during your stay?

+3 Points on Professional skills



GETTING READY



AI STUDY BUDDY

You decide to use AI tools to speed up your learning of the host country's language.

How do you create a personalised learning plan that keeps you motivated?

+2 Points on Innovative Thinking



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GETTING READY



BUDGETING LIKE A BOSS

You realise the cost of living in your host country is higher than expected.

How do you use innovative methods or apps to budget effectively?

+2 Points on Innovative Thinking



GETTING READY



VIRTUAL REALITY TOUR

Before leaving, you decide to explore your host city virtually to learn the layout and essential places.

How do you use this experience to plan your first days abroad?

+1 Point on Innovative Thinking



GETTING READY



CROWDSOURCING GENIUS

You want to gather useful tips and resources from former exchange students about your host country.

How do you use online platforms and digital tools to collaborate, gather insights, and create a practical guide for yourself and future students?

+3 Points on Innovative Thinking



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HURRICANE

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FIRST STEPS



LOST IN TRANSLATION

You arrive in your host country and realise that almost no one speaks your native language. You need to buy a SIM card, but struggle to communicate with the shop assistant.

How do you manage it?

+1 Point on Intercultural communication



FIRST STEPS



HOMESICK VIBES

It's your first month abroad, and you feel lonely. You're considering whether to push yourself to meet new people.

How would you achieve that?

+2 Points on Personal growth



FIRST STEPS



HOUSE-HUNTING PANIC

Your initial accommodation plan falls through at the last minute, and you need to find a new place to stay in an unfamiliar city.

How do you manage it?

+2 Points on Personal growth



FIRST STEPS



ERASMUS STARK?

Your new university uses digital learning tools that you've never used before. Assignments, communication, and schedules are all online.

How do you adapt?

+2 Points on Innovative thinking



FIRST STEPS



TRANSPORT APP DILEMMA

You arrive in your host city and need to use a public transport app to navigate around.

How do you use your problem-solving skills to figure out the app?

+2 Points on Innovative thinking





NAVIGATING NEW TECH

You've just arrived in your host city, and you need to buy a travel pass for public transport. The city has a digital system, and you're not familiar with how it works.

How do you use your tech skills to solve the situation and get your travel pass?

+2 Points on Innovative thinking

SETTING UP SMART DEVICES

You've just moved into your new accommodation, and you notice that the smart home system is controlled through an app. However, the system is in the local language.

How do you use your tech skills to make your new place more comfortable?

+3 Points on Innovative thinking

THE GRADING MYSTERY

You receive your first graded assignment back, and the feedback makes no sense.

How do you approach your teacher?

+3 Points on Personal Growth

"WHY AM I EVEN HERE?"

Your grade depends on class participation, but the discussions are in a language you're not fully comfortable with.

How do you push yourself to contribute without embarrassing yourself?

+2 Points on Personal growth

FIRST DAY, FIRST CLASS

You've just arrived in your host country and are attending your first class at university. The professor's teaching style is very different from what you're used to.

How do you adapt?

+2 Point on Intercultural communication



FIRST STEPS



SUPERMARKET STRUGGLES

You arrive at a local supermarket and realise that most products are labelled in the local language.

How do you overcome the language barrier and communicate effectively?

+2 Points on Intercultural communication



FIRST STEPS



NEW FLATMATES, WHO DIS?

You meet your new flatmates from different countries. You want to make a good first impression and navigate cultural differences in a way that respects everyone's backgrounds.

How do you initiate a conversation?

+1 Point on Intercultural communication



FIRST STEPS



PAY IT FORWARD, MAYBE?

You see a local charity event happening in your new city, and you're considering volunteering to help out.

How do you plan to make a positive impact?

+1 Points on Social responsibility



FIRST STEPS



ECO-WARRIOR IN THE MAKING

You notice that your student dormitory has a lot of waste that could be recycled, but no one seems to care about it.

How do you start making small changes that have a big impact?

+2 Point on Social responsibility



FIRST STEPS



FAKE NEWS? NOT ON MY WATCH

You've just arrived, but you have no idea which media channels to use to be well-informed about local news.

How do you look for informative and unbiased local news?

+2 Points on Social responsibility







TRASH TALK

Your new neighbourhood is full of litter, and you're shocked by the disregard for cleanliness. You feel compelled to do something about it.

How do you inspire social change in your new environment?

+3 Points on Social responsibility



NETWORKING 101

You've just arrived and are trying to meet people who can help with your career prospects.

How do you leverage networking opportunities to boost your career?

+3 Points on Professional Skills



INTERNSHIP ON THE HORIZON

Your dream internship is advertised at your university's career centre, and you want to apply, but you're still figuring out the local job market and your CV needs a little polish.

How do you adapt your professional skills to make a great first impression?

+2 Point on Professional Skills



FIND THE PERFECT WORK-LIFE BALANCE

You've just arrived and want to keep up with your studies while also working part-time. Balancing the two seems tricky.

How do you develop time management skills to succeed in both your studies and work?

+2 Points on Professional Skills



THE EMAIL ETIQUETTE

You're reaching out to a professor for the first time in your host country, but you're unsure about the tone and format of your email.

How do you adjust your professional communication style?

+1 Points on Professional Skills





FIRST STEPS



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INTERVIEW NERVES

You apply for a part-time job in your host country. The interview is conducted in a language you're still learning.

How do you present yourself?

+2 Points on Professional skills



LINKEDIN OR NAH?

A professor at your university encourages you to join a LinkedIn group for international students to enhance your career opportunities.

Do you join or skip?

+1 Point on Professional skills



JOB FAIR HUSTLE

You're at an international job fair, meeting potential employers. You need to pitch your skills effectively and stand out among other candidates.

What key skills would you highlight to make a strong impression?

+3 Points on Professional skills



VOLUNTEER VS. PARTY

You have an opportunity to participate in a volunteering event that helps local refugees, but it conflicts with a big Erasmus party.

How do you decide your stance?

+3 Points on Social responsibility



THE SELF-CARE CHALLENGE

You've been pushing yourself hard with studies and extracurriculars abroad, and it's starting to take a toll on your mental health.

How would you create a balance between work and personal well-being?

+2 Points on Personal growth







GIRL DINNER

You are missing your local cuisine and you can't find your usual food anywhere.

How do you overcome this homesickness?

+2 Points on Personal growth



HOMESICK OR JUST BORED?

You were super excited to go abroad, but now everything feels underwhelming, and you miss home way more than you expected.

How do you reframe your mindset and make the most out of your experience?

+2 Points on Personal growth



CULTURAL CLASHES IN THE CLASSROOM

Your professor makes a statement in class that seems insensitive or biased against your culture. No one else reacts, and you're not sure if you should speak up.

How do you handle the situation?

+3 Points on Social responsibility



THE GREAT COOK

Your friends ask you to cook a dish from your country, but the only ingredients available are questionable substitutes.

How do you handle the situation and turn this meal into a cultural success?

+2 Points on Intercultural communication



RESPECTFULLY, SHUT UP!

You are working on a group project with students from different cultural backgrounds. One person dominates the discussion and ignores other opinions.

How do you handle the situation?

+3 Points on Intercultural communication







CULTURAL FAIR

You've been asked to share a piece of your culture with international peers during an event.

How would you ensure it's well-received while staying true to your traditions?

+2 Points on Intercultural communication



ECO-WARRIOR VS. PLASTIC APOCALYPSE

Your international flatmates keep buying single-use plastics, despite your efforts to make the apartment more sustainable.

How do you convince them to change their habits without sounding preachy?

+3 Points on Social responsibility



TECH FAIL

You need to give a presentation, but the classroom's projector isn't working, and your professor expects you to just figure it out.

What's your backup plan to deliver a solid presentation without the tech?

+2 Points on Innovative thinking



THE MYSTERIOUS UNIVERSITY PORTAL

Your host university's online system is a maze. You have no idea where to find your schedule, course materials, or even your grades.

How do you figure out the system without missing important deadlines?

+1 Point on Innovative thinking



AI STUDY ASSISTANT

You're struggling with a complex topic in your class, and your textbook doesn't make things any clearer.

Do you use the AI to enhance your understanding of the material?

+2 Points on Innovative thinking







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TECH-SAVVY STUDENT

You've been given a task at your internship that requires organising a lot of data.

How do you use technology to improve your productivity?

+3 Points on Innovative thinking





LAST MOMENTS

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LAST MOMENTS

LIFE ABROAD

LAST MOMENTS



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LIFE ABROAD



PUBLIC SPEAKING PANIC

Your professor asks you to present your research in front of a large audience of local students. You feel nervous but know this is a great learning opportunity.

How do you tackle the challenge?

+3 Points on Professional skills





LAST MOMENTS

LAST MOMENTS

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LAST MOMENTS



SAYING GOODBYE

You've made friends from different cultures and now it's time to say goodbye.

How do you respectfully say your goodbyes?

+2 Points on Intercultural communication



LAST MOMENTS



CULTURAL REFLECTION TIME

You're about to leave your host country and reflect on your communication experiences.

How do you prepare to share your experiences and lessons learned with your friends and family back home?

+1 Point on Intercultural communication



LAST MOMENTS



CULTURAL DEBRIEFING

Before leaving, you're preparing to lead a debriefing with fellow international students.

How do you help a discussion where everyone shares their intercultural communication experiences?

+2 Points on Intercultural communication



LAST MOMENTS



HANDLING REVERSE CULTURE SHOCK

You're preparing to return to your home country, and you know it's going to be a cultural shift.

How do you mentally and emotionally prepare for re-adjusting to your home culture?

+3 Points on Intercultural communication



LAST MOMENTS



LEAVING A POSITIVE IMPACT

You've been involved in a local volunteering project during your time abroad.

How do you ensure that your work continues to benefit the community after your departure?

+2 Points on Social responsibility





LAST MOMENTS

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MENTORING YOUR SUCCESSOR

You've been an active member of a social responsibility initiative and now someone else will take over your role.

How do you mentor the next person to make sure they continue the project's impact after you leave?

+1 Point on Social responsibility



LAST MOMENTS



SHARING SUSTAINABILITY PRACTICES

You've learned a lot about sustainable practices in your host country.

How do you plan to share these practices with people back home and inspire them to make positive changes?

+2 Points on Social responsibility



LAST MOMENTS



GIVING BACK TO THE COMMUNITY

You've made strong connections in the local community during your mobility.

How do you create a plan for how you can continue supporting the community from afar once you're back home?

+3 Points on Social responsibility



LAST MOMENTS



GROWTH THROUGH ADVERSITY

During your time abroad, you faced several challenges, but now you've grown stronger and more resilient.

How will you apply the lessons from these challenges to future situations?

+2 Points on Personal growth



LAST MOMENTS



REFLECTING ON YOUR JOURNEY

You're about to leave your host country, and you've had a transformative experience.

How will you apply your biggest lesson in your life back home?

+1 Point on Personal growth





LAST MOMENTS

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MENTAL WELLBEING CHECK

Living in a new environment has had its ups and downs, and you've been learning to balance stress, homesickness, and self-care.

What strategies can you use to maintain your mental health abroad, and how can you apply them once you return?

+2 Points on Personal growth



LAST MOMENTS



BYE BYE BIRDIE!

You are a week away from moving back home and already missing your international friends.

How do you deal with the bittersweet feeling of saying goodbye, and what steps can you take to maintain these friendships in the future?

+3 Points on Personal growth



LAST MOMENTS



CAREER NETWORKING ACROSS BORDERS

You've met people from diverse professional backgrounds and also built a network that could be valuable for your future career.

How do you plan to stay connected with your international professional network after returning home?

+2 Points on Professional skills



LAST MOMENTS



MASTERING MULTITASKING

Balancing coursework, internships, and extracurricular activities abroad required excellent time management and multitasking.

What strategies did you use to stay organised, and how will you apply them to your future professional career?

+1 Point on Professional skills



LAST MOMENTS



COMMUNICATION ACROSS CULTURES

Effective communication is key in any professional setting, and you've had to adjust to working with colleagues from different cultural backgrounds.

What did you learn about communication in a multicultural environment?

+2 Points on Professional skills





LAST MOMENTS

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INTERNATIONAL TEAMWORK

You've worked with a diverse team of students and professionals from around the globe. You've learned how to collaborate despite cultural differences and varying work styles.

How will you use the teamwork skills you've gained to thrive in future professional projects?

+3 Points on Professional skills



LAST MOMENTS



ONE INNOVATION TO GO, PLEASE!

You've encountered innovative solutions to everyday challenges during your mobility.

What idea or innovation from your host country would you adapt and introduce to your home community or university?

+2 Points on Innovative thinking



LAST MOMENTS



REMOTE WORK READY

With your experience abroad, you've also encountered digital tools that support remote work, such as collaborative platforms and virtual meetings.

How will you integrate your new digital skills into your career back home?

+1 Point on Innovative thinking



LAST MOMENTS



SHARING IS CARING

In your last class, before you depart for your international mobility, your teacher asks you to share one innovative thing you've learned in the course.

What would you share with the class?

+2 Points on Innovative thinking



LAST MOMENTS



THE INTERNATIONAL ENTREPRENEUR

You've learned about new ways of thinking and solving problems.

How could you apply this innovative mindset to start a small business or initiative when you return home?

+3 Points on Innovative thinking





BACK HOME



SHARING YOUR STORY

You're back home, and your university is hosting a cultural exchange event.

How do you present your journey in a way that resonates with your audience and encourages them to value cultural diversity?

+2 Points on Intercultural communication



BACK HOME



THE NEW LOCAL

After returning home, you're faced with the challenge of reconnecting with your local culture, which feels unfamiliar after spending so much time abroad.

How do you reintegrate into your home culture while still maintaining your international perspective?

+1 Point on Intercultural communication



BACK HOME



THE AMBASSADOR

Now that you're back home, you're asked to speak at a local event about the benefits of intercultural exchange.

What key points would you include to inspire others to engage in international experiences?

+2 Points on Intercultural communication



BACK HOME



BRIDGING THE GAP

Your friends have a different perception of international students after you've shared your mobility experiences.

How do you facilitate a deeper understanding between local and international students in your home country?

+2 Points on Intercultural communication



BACK HOME



THE GLOBAL CITIZEN

After returning home, you're motivated to continue advocating for the issues you encountered during your mobility.

How do you use your experience to engage your local community in global challenges like climate change, social inequality, or education access?

+3 Points on Social responsibility





BACK HOME



VOLUNTEER ACTION

During your time abroad, you participated in a volunteer project. Now that you're back home, you feel inspired to keep volunteering locally.

How do you get started?

+2 Point on Social responsibility



BACK HOME



SUSTAINABLE CHOICES AT HOME

You've seen how waste management and sustainable practices are handled abroad, and now that you're back, you want to promote these ideas.

How do you convince your family or friends to adopt more sustainable habits?

+2 Points on Social responsibility



BACK HOME



REFLECTING ON SOCIAL IMPACT

Now that you're back, you're reflecting on how your mobility experience shaped your view on global issues.

How do you frame your story to make others care about the same causes you've encountered?

+2 Points on Social responsibility



BACK HOME



CULTURE SHOCK 2.0

After returning home, you're finding it hard to readjust to life in your own country.

How do you manage the feelings of reverse culture shock?

+2 Points on Personal growth



BACK HOME



NEWFOUND CONFIDENCE

During your mobility, you learned to navigate unfamiliar situations and challenge yourself.

How do you continue applying this newfound confidence back at home, especially in difficult situations?

+1 Point on Personal growth





[BACK HOME](#)



REFLECTING ON YOUR JOURNEY

You've been through a lot during your mobility and now you're back.

How do you plan to use this growth in your personal and professional life?

+2 Points on Personal growth



[BACK HOME](#)



TAKING THE LEAP AGAIN

Now that you've pushed yourself out of your comfort zone during your mobility...

How do you challenge yourself to continue stepping out of your comfort zone in your everyday life back home?

+3 Points on Personal growth



[BACK HOME](#)



PITCH YOUR MOBILITY EXPERIENCE

You've just returned from your international mobility and want to showcase the skills you learned.

How do you pitch your experience in an interview to highlight the professional growth you gained?

+2 Points on Professional skills



[BACK HOME](#)



CV REVAMP

After your mobility, you've gained various skills.

How do you update your CV to reflect your international experience and make it stand out to potential employers?

+1 Point on Professional skills



[BACK HOME](#)



NETWORKING 2.0

You made great connections abroad, and now it's time to leverage them back home.

How do you reconnect with your international network to expand your career opportunities?

+2 Points on Professional skills





[BACK HOME](#)



MAKING MOBILITY A CAREER ASSET

You want to convince your future employer that international mobility is a key asset to your career.

How do you explain its value during a job interview or networking conversation?

+3 Points on Professional skills



[BACK HOME](#)



PROBLEM-SOLVING IN ACTION

You've encountered unique problems during your mobility and solved them in innovative ways.

How can you apply these creative problem-solving techniques to challenges in your home country?

+1 Points on Innovative Thinking



[BACK HOME](#)



TECH FOR CHANGE

While abroad, you were exposed to digital tools at your host university that are helping solve university issues.

How can you apply similar tools back home to address local problems?

+2 Point on Innovative Thinking



[BACK HOME](#)



TURNING PROBLEMS INTO SOLUTIONS

During your mobility, you faced a significant problem related to your mobility.

How can you turn this setback into an opportunity for innovation?

+2 Points on Innovative Thinking



[BACK HOME](#)



INNOVATION SHOWCASE

You learned about some cutting-edge technologies or ideas during your mobility.

How do you introduce and explain these innovations to people back home who may not be familiar with them?

+3 Points on Innovative Thinking





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